

Healthcare Cost Containment Committee Minutes
February 9, 2021
3:00 p.m.

Attendees: Peter Bergeron, Debie Clayton, Shawn Croteau, Kim DeMaso, Ashley Dennis, Mary Ethier, Melissa Gagne, Kelly Grassini, Rick Greenier, Marsha McGill, Jenna Hardy, Christine Soucy, Sandy Swanson, Erin Tyrrell, Paula Williams, Lynea Forand

It was determined that gift cards were the best option for distributing the \$3,000 to districtwide staff. The distribution should include schools, lunch workers, maintenance, student services, and central office. Inclusiveness, randomness, and the announcement of winners are important details.

Sandy Swanson distributed the link to Ashley's Slice of Life zoom workshop to committee members to share with their staff. All were invited to attend.

HealthTrust will be offering a series of webinars. All webinars will be available for viewing on the HealthTrust Secure Enrollee Portal. The February webinar will be "Get Fit in Frost". the March webinar will be about Nutrition.

Ways to increase Slice of Life participation:

- Schedule a review of the Slice of Life zoom workshop.
- Schedule a Life Resources - Employee Assistance Program zoom workshop.
- Schedule a brief zoom workshop on one specific topic.

It was suggested that the committee members get staff excited about looking forward to when school personnel can be vaccinated. Details from the DHHS will follow. Some nurses have received the vaccine and can share their experience if people are apprehensive about getting the vaccine.

Action Items:

- Melissa Gagne will collect input from the committee members to help with distribution details for the \$3,000 through a survey.

Next Meeting:

The next meeting will be March 9, 2021 at 3:00 p.m. via zoom invitation.

The meeting adjourned at 3:34 p.m.